

THE SUN INN
NORWOOD

MENU

We have a separate Allergen sheet available should you be affected by allergies, please ask a member of staff for details

Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our meals and we do not make a "free from" claim. Our allergen information only states allergens if they are an ingredient of a product

N & F WALKINSHAW T/A THE SUN INN, NORWOOD

BRAME LANE, NORWOOD, HARROGATE, HG3 1SZ

+44 1943 880220

info@thesun-inn.co.uk

Starters All £4.55

Cheese O's

Giant Rings Of Cheddar And Monterey Jack Cheeses With Diced Red Onion In A Crisp Panko Crumb

Breaded Mozzarella Sticks

Mozzarella sticks coated in a garlic flavoured breadcrumb

Brie Wedges

French brie wedges

Sweet Potato Curry Bites

Brown rice, onions, sweet potato & sultanas, flavoured with curry spices and coated in breadcrumbs

Sweet Potato Falafel Bites

Spicy and exotic Falafels jammed with chunks of sweet potato, chickpeas and fiery Indian spices, served with vegan salsa

Duck & Hoisin Spring Rolls

Mini spring rolls filled with shredded duck & onion combined with sweet hoisin sauce

Chicken Goujons

Chicken breast fillets, coated in crispy golden gluten free breadcrumbs.

Tempura King Prawns

Ginger & garlic marinated king prawn coated in tempura batter

All served with a salad garnish & a choice of

Garlic Mayo, Sweet Chilli, BBQ or Salsa dips unless stated otherwise

Basket Meals

A simple basket of chips topped with...

Sausages £5.25

 Homemade Beef Chilli £6.75

Southern Fried Chicken Fillets £7.95

Hunters Chicken (Bacon, Cheese & BBQ Sauce) £8.95

 Kickass Chicken (Cajun Spice, Beef Chilli, Cheese) £8.95

Mains

Homemade Steak Pie	£10.45
Served with vegetables & a choice of chips, jacket or mash & gravy	
Homemade Lasagne	£10.45
Served with a choice of chips, jacket or garlic bread & a salad garnish	
 Homemade Chilli	£9.65
Served with a choice of chips, basmati rice or both + £1.50 & a salad garnish	
 Cajun Chicken Chicken fillet coated in cajun spice served with chips,	£8.95
jacket or mash & a salad garnish	
Hunters Chicken Chicken fillet topped with bacon, BBQ sauce & cheese,	£9.95
served with chips, jacket or mash & a salad garnish	
 Kickass Chicken Chicken fillet coated in cajun spice topped with beef chilli & cheese,	£10.25
served with chips, jacket or mash & a salad garnish	
Sausage & Mash served with onion gravy	£8.25
 Vegetable Sausages & Mash Served with vegetarian gravy	£8.25
 Vegan Lincolnshire Sausages served with chips & mushy peas	£8.95
 Spinach & Ricotta Cannelloni served with chips or jacket & a salad garnish	£9.25
 Chickpea & Sweet Potato Curry Served with basmati rice , chips or both + £1.50	£8.75
Chicken Tikka Masala served with basmati rice, chips or both + £1.50	£8.75
 Three Bean & Sweet Potato Chilli served with basmati rice or chips or both + £1.50	£8.75
Smoked Haddock & Spring Onion Fishcakes served with salad and chips	£9.45
Wholetail Whitby Scampi served with chips, garden peas & a salad garnish	£9.95
Haddock & Chips served with garden peas (mushy peas + £1 extra)	£10.95
Rump Steak served with homemade onion rings, garden peas, chips & salad garnish	£10.95
Gammon Steak served with egg, pineapple or both +£1, peas & chips	£10.95

Yorkshire Puddings

Large Yorkshire Pudding filled with...

Gravy £5.25

Sausages & Gravy £6.55

Beef & Gravy £7.95

Homemade Beef Chilli £8.15

Kickass Chicken (Cajun Spice, Beef Chilli, Cheese) £9.15

Ⓥ Vegetable Sausages & Vegetarian Gravy £7.95

Ⓥ Vegetables & Vegetarian Gravy £6.95

See back page of menu for additions

Lighter Bites

Smaller Homemade Steak Pie with peas & a choice of chips or mash £8.95 (Not Available Sundays)

Smaller Homemade Lasagne with chips or garlic bread & salad garnish £8.95 (Not Available Sundays)

Smaller Gammon with egg, pineapple or both +£1, chips & peas £8.95 (Not Available Sundays)

Smaller Haddock & Chips with garden peas (mushy + £1) £8.95 (Not Available Sundays)

Smaller Portion Scampi & chips with garden peas & a salad garnish £8.25

Choose any starter with chips & salad £7.25

Soup & Roll £4.75

Jackets from £4.55

Served with salad garnish, homemade coleslaw & butter portions

Toppings £1 each

Choose From : Cheese, Bacon, Beans, Chilli, Tuna

All Sandwiches, Wraps, Ciabattas & Burgers are served with salad garnish, dressing and coleslaw unless otherwise stated

Add a handful of chips to any for £1.70

Sandwiches

🍃 Cheese £4.25

Fish Fingers £5.75

Tuna Mayo £4.95

Hot Chicken £6.75 (add cheese & bacon for £2)

Bacon £4.25 * No Salad Etc

🍃 Chip Butty £3.45 * No Salad Etc

Sausage £4.25 * No Salad Etc

Fish Butty £6.45 (Not Available Sundays)

Hot Pork with Stuffing or Apple Sauce £5.75

Wraps £5.95

Breaded chicken or southern fried chicken in a tortilla wrap with lettuce and a choice of Sweet Chilli, Garlic Mayo, Mayo, BBQ Sauce or Salsa

Hot Ciabatta Rolls all £6.45

Steak & Onion

Tuna Mayo & Cheese

🍃 Cheese & Tomato

Bacon & Cheese

Southern Fried Chicken, Lettuce & Salsa

Burgers

Beef Burger £5.65 * Gluten Free Option Available

Add Cheese, Bacon, Chilli, Pineapple for £1 each or Fried Onions for 25p

🍃 Spicy bean burger served on lettuce topped with salsa £5.25

🍃 Oriental Spiced Vegan Burger served on lettuce topped with salsa £5.65

🍃 Cauliflower, kale & oak smoked cheddar burger served on lettuce topped with salsa £5.65

Extras

Handful of chips £1.70

Halloumi fries £3.45

Basket of chips £2.80

Basket of cheesy chips £3.90

Basket of homemade onion rings £3.95 (Not Available Sundays)

Garlic Bread £2.00

Portion of mash £2.25

Portion of vegetables £2.25



Homemade coleslaw £1.75


Desserts £4.45


Served with Cream, Ice Cream or Custard where applicable


Cheesecake of the week - Ask at the bar for this weeks variety



 Hot Chocolate Fudge Cake


  Sticky Toffee Pudding - date & toffee flavoured sponge with a sticky toffee sauce


 Jam Roly Poly - Suet rolled pudding with a strawberry jam filling

 Apple Strudel - crown of filo pastry, spiced apple and moist almond flavour sponge


 Hot Sticky Salted Caramel Roulade - date & toffee sponge with sticky toffee salted caramel sauce

  Rhubarb Crumble - Rhubarb crumble with an all butter oaty topping

 Lemon & Orange Syrup Pudding - orange flavour sponge with lemon zest topped with citrus sauce


 Vegan Sticky Toffee Square - sponge with a sticky toffee sauce topping, Served with vegan ice cream

 Sweet Belgian Waffle - vanilla flavour sweet waffles topped with vanilla ice cream & fruit coulis

 "" "" "" - Also available as vegan option with Vegan Ice Cream & fruit coulis

  Chocolate Brownie *£2.90

Ice Cream £1.75 (sm) / £3.00 (lge) Various Flavours Available

 Vegan Ice Cream £1.75 (sm) / £3.00 (lge) Vanilla, Chocolate, Strawberry