

THE SUN INN  
NORWOOD  
SUNDAY  
MENU

We have a separate Allergen sheet available should you be affected by allergies, please ask a member of staff for details

Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our meals and we do not make a "free from" claim. Our allergen information only states allergens if they are an ingredient of a product

N & F WALKINSHAW T/A THE SUN INN, NORWOOD

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## Starters All £4.55

### Cheese O's

Giant Rings Of Cheddar And Monterey Jack Cheeses With Diced Red Onion In A Crisp Panko Crumb

### Breaded Mozzarella Sticks

Mozzarella sticks coated in a garlic flavoured breadcrumb

### Brie Wedges

French brie wedges

### Sweet Potato Curry Bites

Brown rice, onions, sweet potato & sultanas, flavoured with curry spices and coated in breadcrumbs

### Sweet Potato Falafel Bites

Spicy and exotic Falafels jammed with chunks of sweet potato, chickpeas and fiery Indian spices, served with vegan salsa

### Duck & Hoisin Spring Rolls

Mini spring rolls filled with shredded duck & onion combined with sweet hoisin sauce

### Chicken Goujons

Chicken breast fillets, coated in crispy golden gluten free breadcrumbs.

### Fish Goujons

100% haddock fillet strips in a crisp breadcrumb

All served with a salad garnish & a choice of

Garlic Mayo, Sweet Chilli, BBQ or Salsa dips unless stated otherwise

## Basket Meals


*A simple basket of chips topped with...*

Sausages      £5.25

 Homemade Beef Chilli      £6.75

Scampi      £7.95

Southern Fried Chicken Fillets      £7.95

 Hunters Chicken (Bacon, Cheese & BBQ Sauce)      £8.95

Kickass Chicken (Cajun Spice, Beef Chilli, Cheese)      £8.95

# Mains

## The Carvery

Available from 12pm until 4pm unless sold out before

Adult Main Course £11.00      2 Course £14.00      3 Course £17.00

Kids 12 & Under      £6.50      2 Course £9.50

Kids 5 & Under      £3.00

Generally a choice of Beef, Pork & Gammon, with Vegetables, Roast & New Potatoes, Yorkshire Puddings, Stuffing, Cheese sauce and Gravy. Vegetarian options available, Ask for details


We are unable to guarantee availability later in the day of all items so please check before purchase!


**YOU MUST ORDER YOUR CARVERY FROM THE BAR**, Upon ordering a carvery you will be given a buzzer, please remain seated until your buzzer is activated, at that point you may approach the carvery and be served. This is to keep queuing to a minimum.


Homemade Lasagne £10.45

Served with a choice of chips, jacket or garlic bread & a salad garnish

 Vegetable Sausages & Mash with vegetarian gravy £7.95

 Vegan Lincolnshire Sausages served with chips & mushy peas £7.95

 Spinach & Ricotta Cannelloni served with chips or jacket & a salad garnish £8.95

 Chickpea, Sweet Potato & Spinach Curry Served with basmati rice , chips or both + £1 £8.75

  Three Bean & Sweet Potato Chilli served with basmati rice or chips £8.75

# Yorkshire Puddings

Large Yorkshire Pudding filled with...

Gravy £5.25

Sausage & Gravy £6.45

Beef & Gravy £6.95

Pork & Gravy £6.95

Homemade Beef Chilli £7.45

Kickass Chicken (Cajun Spice, Beef Chilli, Cheese) £8.75

Ⓥ Vegetable Sausages & Vegetarian Gravy £6.95

Ⓥ Vegetables & Vegetarian Gravy £6.95

## Lighter Bites

Choose any starter with chips & salad

£7.25

## Jackets from £4.55

Served with salad garnish, homemade coleslaw & butter portions

Toppings £1 each

Choose From : Cheese, Bacon, Beans, Chilli, Tuna

All Sandwiches, Wraps, Ciabattas & Burgers are served with salad garnish, dressing and coleslaw unless otherwise stated

Add a handful of chips to any for £1.70

## Sandwiches

🍃 Cheese	£4.25	Hot Pork with Stuffing or Apple Sauce	£5.75
Tuna Mayo	£4.95	Fish Fingers	£5.75
Bacon	£4.25 * No Salad Etc	Hot Chicken	£6.45
Sausage	£4.25 * No Salad Etc	🍃 Chip Butty	£3.45 * No Salad Etc

## Wraps £5.95

Breaded chicken or southern fried chicken in a tortilla wrap with lettuce and a choice of Sweet Chilli, Garlic Mayo, Mayo, BBQ Sauce or Salsa

## Hot Ciabatta Rolls all £6.45

Steak & Onion

Tuna Mayo & Cheese

🍃 Cheese & Tomato

Bacon & Cheese

Southern Fried Chicken, Lettuce & Salsa

## Burgers

Beef Burger £5.45 \* Gluten Free Option Available

Add Cheese, Bacon, Chilli, Pineapple for £1 each or Fried Onions for 25p

🍃 Spicy bean burger served on lettuce topped with salsa £5.25

🍃 Bad Boy Vegan Burger served on lettuce topped with salsa £5.25

🍃 Cauliflower, kale & oak smoked cheddar burger served on lettuce topped with salsa £5.25


## Extras

Handful of chips	£1.70
Halloumi fries	£3.45
Basket of chips	£2.80
Basket of cheesy chips	£3.90
Garlic Bread	£2.00
Portion of mash	£2.25
Portion of vegetables	£2.25
Homemade coleslaw	£1.75

## Desserts £4.45

*Served with Cream, Ice Cream, Vegan Ice Cream or Custard where applicable*

Cheesecake of the week - Ask at the bar for this weeks variety

-  Hot Chocolate Fudge Cake
-   Sticky Toffee Pudding - date & toffee flavoured sponge with a sticky toffee sauce
-  Tarte Tatin - butter pastry round topped with caramelised apple slices & caramel sauce
-  Apple Strudel - crown of filo pastry, spiced apple and moist almond flavour sponge
-  Hot Sticky Salted Caramel Roulade - date & toffee sponge with sticky toffee salted caramel sauce
-   Apple & Cinnamon Crumble - baked apple with gluten free cinnamon butter crumble topping
-  Lemon & Orange Syrup Pudding - orange flavour sponge with lemon zest topped with citrus sauce
-  Vegan Sticky Toffee Square - sponge with a sticky toffee sauce topping
-  Sweet Belgian Waffle - vanilla flavour sweet waffles topped with vanilla ice cream & fruit coulis
-  - Also available as vegan option with Vegan Ice Cream
-   Chocolate Brownie \*£2.90

Ice Cream £1.75 (sm) / £3.00 (lge) vegan vanilla option also available

Sorbet £2.50

Please ask for available flavours of sorbet / ice cream