THE SUN INN

NORWOOD

MENU

We have a separate Allergen sheet available should you be affected by allergies, please ask a member of staff for details

Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our meals and we do not make a "free from" claim. Our allergen information only states allergens if they are an ingredient of a product

N & F WALKINSHAW T/A THE SUN INN, NORWOOD BRAME LANE, NORWOOD, HARROGATE, HG3 1SZ +44 1943 880220 info@thesun-inn.co.uk

Starters All £4.55

Cheese O's

Giant Rings Of Cheddar And Monterey Jack Cheeses With Diced Red Onion In A Crisp Panko Crumb

Breaded Mozzarella Sticks

Mozzarella sticks coated in a garlic flavoured breadcrumb

(V) Brie Wedges

French brie wedges



Brown rice, onions, sweet potato & sultanas, flavoured with curry spices and coated in breadcrumbs



Spicy and exotic Falafels jammed with chunks of sweet potato, chickpeas and fiery Indian spices, served with vegan salsa

Duck & Hoisin Spring Rolls

Mini spring rolls filled with shredded duck & onion combined with sweet hoisin sauce





Chicken breast fillets, coated in crispy golden gluten free breadcrumbs.

Fish Goujons

100% haddock fillet strips in a crisp breadcrumb

All served with a salad garnish & a choice of

Garlic Mayo, Sweet Chilli, BBQ or Salsa dips unless stated otherwise

Basket Meals

A simple basket of chips topped with ...

Sausages £5.25



(∰) Homemade Beef Chilli £6.75

Southern Fried Chicken Fillets £7.95

Hunters Chicken (Bacon, Cheese & BBQ Sauce) £8.95

Kickass Chicken (Cajun Spice, Beef Chilli, Cheese) £8.95

Maíns

	Homemade Steak Pie	£10.45
	Served with vegetables & a choice of chips, jacket or mash & gravy	
	Homemade Lasagne	£10.45
	Served with a choice of chips, jacket or garlic bread & a salad garnish	
G) Homemade Chilli	£9.45
	Served with a choice of chips, basmati rice or both + £1.50 & a salad garnish	
G	Cajun Chicken Chicken fillet coated in cajun spice served with chips,	£8.95
	jacket or mash & a salad garnish	
	Hunters Chicken Chicken fillet topped with bacon, BBQ sauce & cheese,	£9.95
	served with chips, jacket or mash & a salad garnish	
G	Kickass Chicken Chicken fillet coated in cajun spice topped with beef chilli & cheese,	£9.95
	served with chips, jacket or mash & a salad garnish	
	Sausage & Mash served with onion gravy	£7.95
V	Vegetable Sausages & Mash Served with vegetarian gravy	£7.95
Ve	Vegan Lincolnshire Sausages served with chips & mushy peas	£7.95
V) Spinach & Ricotta Cannelloni served with chips or jacket & a salad garnish	£8.95
Ve	Chickpea & Sweet Potato Curry Served with basmati rice , chips or both + £1.50	£8.75
	Chicken Tikka Masala served with basmati rice, chips or both + £1.50	£8.75
Ve	Three Bean & Sweet Potato Chilli served with basmati rice or chips or both + £1.50	£8.75
	Smoked Haddock & Spring Onion Fishcakes served with salad and chips	£9.45
	Wholetail Whitby Scampi served with chips, garden peas & a salad garnish	£9.95
	Haddock & Chips served with mushy peas or garden peas	£10.95
	Rump Steak served with homemade onion rings, garden peas, chips & salad garnish	£10.95
	Gammon Steak served with egg, pineapple or both +£1, peas & chips	£10.95

Yorkshire Puddings

Large Yorkshire Pudding filled with...

Gravy £5.25 Sausage & Gravy £6.45 Beef & Gravy £6.95 Pork & Gravy £6.95 Homemade Beef Chilli £7.45 Kickass Chicken (Cajun Spice, Beef Chilli, Cheese) £8.75 Vegetable Sausages & Vegetarian Gravy £6.95

Lighter Bites

Smaller Homemade Steak Pie with peas & a choice of chips or mash	£8.95 (Not Available Sundays)	
Smaller Homemade Lasagne with chips or garlic bread & salad garnish	£8.95 (Not Available Sundays)	
Smaller Gammon with egg, pineapple or both +£1, chips & peas $£8.95$ (Not Available Sur		
Smaller Haddock & Chips with garden peas	£8.95 (Not Available Sundays)	
Smaller Portion Scampi & chips with peas & a salad garnish	£8.25	
Choose any starter with chips & salad	£7.25	
Soup & Roll	£4.75	

Jackets from £4.55

Served with salad garnish, homemade coleslaw & butter portions

Toppings £1 each

Choose From : Cheese, Bacon, Beans, Chilli, Tuna

All Sandwiches, Wraps, Ciabattas & Burgers are served with salad garnish, dressing and coleslaw unless otherwise stated

Add a handful of chips to any for £1.70

Sandwiches

Cheese £4.25
Tuna Mayo £4.95
Bacon £4.25 * No Salad Etc
Sausage £4.25 * No Salad Etc
Fish Butty £3.45 * No Salad Etc
Fish Butty £6.45 (Not Available Sundays)
Hot Pork with Stuffing or Apple Sauce £5.75

Wraps £5.95

Breaded chicken or southern fried chicken in a tortilla wrap with lettuce and a choice of Sweet Chilli, Garlic Mayo, Mayo, BBQ Sauce or Salsa

Hot Ciabatta Rolls all £6.45

Steak & Onion

Tuna Mayo & Cheese

Cheese & Tomato

Bacon & Cheese

Southern Fried Chicken, Lettuce & Salsa

Burgers

Beef Burger £5.45 * Gluten Free Option Available

Add Cheese, Bacon, Chilli, Pineapple for £1 each or Fried Onions for 25p

Spicy bean burger served on lettuce topped with salsa £5.25

we Bad Boy Vegan Burger served on lettuce topped with salsa £5.25

W Cauliflower, kale & oak smoked cheddar burger served on lettuce topped with salsa £5.25

Extras

Handful of chips	£1.70			
Halloumi fries	£3.45			
Basket of chips	£2.80			
Basket of cheesy chips £3.90				
Basket of homemade onion rings £3.95 (Not Available Sundays)				
Garlic Bread £2.00				
Portion of mash £2.25				
Portion of vegetabl	es £2.25			
Homemade colesla	w £1.75			

Desserts £4.45

Served with Cream, Ice Cream, Vegan Ice Cream or Custard where applicable

Cheesecake of the week - Ask at the bar for this weeks variety

- 🚫 Hot Chocolate Fudge Cake
- (F) V Sticky Toffee Pudding date & toffee flavoured sponge with a sticky toffee sauce
 - W Tarte Tatin butter pastry round topped with caramelised apple slices & caramel sauce
 - 𝔍 Apple StrudeⅠ crown of filo pastry, spiced apple and moist almond flavour sponge
 - (V) Hot Sticky Salted Caramel Roulade date & toffee sponge with sticky toffee salted caramel sauce
- (F) (V) Apple & Cinnamon Crumble baked apple with gluten free cinnamon butter crumble topping
 - V Lemon & Orange Syrup Pudding orange flavour sponge with lemon zest topped with citrus sauce
 - Vegan Sticky Toffee Square sponge with a sticky toffee sauce topping
 - WSweet Belgian Waffle vanilla flavour sweet waffles topped with vanilla ice cream & fruit coulis

- Also available as vegan option with Vegan Ice Cream

🐨 V Chocolate Brownie *£2.90

(ve)

Ice Cream £1.75 (sm) / £3.00 (lge) vegan vanilla option also available

Sorbet £2.50 Please ask for available flavours of sorbet / ice cream