

THE SUN INN
NORWOOD

MENU

Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our meals and we do not make a “free from” claim. Our allergen information only states allergens if they are an ingredient of a product

We have a separate Allergen sheet & also a separate Gluten Free menu available should you be affected by allergies, please ask a member of staff for details



Vegan



Vegetarian

N & F WALKINSHAW T/A THE SUN INN, NORWOOD

BRAME LANE, NORWOOD, HARROGATE, HG3 1SZ


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STARTERS

Chicken Goujons £5.25

Chicken breast fillets, coated in crispy golden gluten free breadcrumbs.

Tortilla Peppers  £5.45

Tortilla Breaded Jalapenos Filled With Cream Cheese

Breaded Mozzarella Sticks  £4.95

Mozzarella sticks coated in a garlic flavoured breadcrumb

Brie Bites  £5.25

Brie, full fat soft and mozzarella cheeses in a breadcrumb coating

Falafel Bites  £4.95

Sweet potato, chickpeas & red pepper, blended with Indian spices

Duck Spring Rolls £5.25

Shredded duck & onion combined with sweet hoisin sauce

Tempura King Prawns £5.45

Ginger & garlic marinated king prawn coated in tempura batter

Onion Bhajis  £4.95

Onion & a spicy gram flour batter, served with either

mango chutney or mint & yoghurt dip

Chicken Tikka Pakora £4.95

Chicken breast in a tikka flavoured battered coating, served with either

mango chutney or mint & yoghurt dip

SHARING COMBINATION

Choose any 3 starters to share *£11.95*

All starters served with salad garnish & a choice of

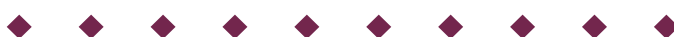
Sweet Chilli, Chipotle Mayo, Garlic Mayo or BBQ dips unless stated otherwise!



BASKET MEALS

A simple basket of chips topped with...

Sausages	£6.45
Homemade Beef Chilli	£7.95
Scampi	£9.45
Southern Fried Chicken	£8.95
Hunters Chicken	£9.95
Kickass Chicken (Cajun, Beef Chilli, Cheese)	£9.95



Jacket Potatoes from £4.55

Served with salad garnish, homemade coleslaw & butter portions

Toppings £1 each

Choose From : Cheese, Bacon, Beans, Chilli, Tuna

MAINS

Homemade Steak Pie

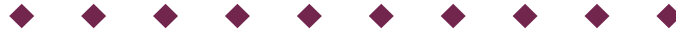
£11.95

Served with vegetables & a choice of chips, jacket or mash & gravy

Homemade Chilli

£9.95

Served with a choice of chips, rice or both + £1.50 & a salad garnish, add garlic bread for an extra £1.50



Hunters Chicken

£11.25

Chicken fillet topped with bacon, BBQ sauce & cheese, served with chips, jacket or mash & a salad garnish

Kickass Chicken

£11.45

Chicken fillet coated in cajun spice topped with beef chilli & cheese, served with chips, jacket or mash & a salad garnish



Sausage & Mash

£9.25

Served with onions & gravy

Vegetable Sausages & Mash



£9.25

Served with vegetarian gravy

Gammon Steak

£11.95

Served with egg, pineapple or both +£1, peas & chips or jacket

Rump Steak

£11.95

Served with homemade onion rings, garden peas, chips or jacket & salad garnish



Smoked Haddock & Spring Onion Fishcakes

£9.65

Served with chips, garden peas & a salad garnish

Wholetail Whitby Scampi

£10.95

Served with chips, garden peas & a salad garnish

Haddock & Chips

£11.95

Served with garden peas (mushy peas + £1 extra)



Chickpea & Sweet Potato Curry



£9.95

Red Thai Vegetable Curry



£9.95

Chicken Tikka Masala

£9.95

All Curries served with either Rice or Chips or both +£1.50

Add a Nann Bread for £1.50



Vegan Lincolnshire Sausages



£8.95

Served with chips & mushy peas



Spinach & Ricotta Cannelloni



£9.75

Served with chips or jacket & a salad garnish

Yorkshire Puddings

Gravy	£5.25	Homemade Beef Chilli	£8.15
Sausages & Gravy	£6.95	Kickass Chicken (Cajun, Chilli, & Cheese)	£9.45
Beef & Gravy	£7.95	Vegetable Sausages & Gravy 	£7.95
Chicken Fillet & Gravy	£8.65	Vegetables & Vegetarian Gravy 	£7.45

Two Smaller Gluten Free Yorkshire Puddings Accompanied With A Choice Of ...

Gravy	£5.55	Beef & Gravy	£8.15
Homemade Beef Chilli	£8.45	Chicken Fillet & Gravy	£8.65
Vegetables & Vegetarian Gravy 	£7.75	Kickass Chicken (Cajun, Chilli, & Cheese)	£9.45



Lighter Bites

Smaller Homemade Steak Pie	£8.95	Smaller Haddock & Chips	£8.95
Served with veg & a choice of chips or mash		Served with garden peas (mushy + £1)	
Smaller Homemade Lasagne	£8.95	Smaller Portion Scampi	£8.45
Served with chips, jacket or garlic bread & salad garnish		Served with chips with garden peas & a salad garnish	
Smaller Gammon	£8.95		
Served with egg, pineapple or both +£1, chips & peas			



EXTRAS

Handful of chips	£1.80	Basket of homemade onion rings	£4.00
Halloumi fries	£3.50	Garlic Bread	£3.50
Basket of chips	£3.00	Portion of mash	£2.50
Basket of Cajun Chips	£3.25	Portion of vegetables	£2.50
Basket of cheesy chips	£4.00	Homemade coleslaw	£1.75

Sandwiches

Cheese (V)	£4.45	Steak & Onion	£7.25
Tuna Mayo	£4.95	Hot Chicken	£7.25
Bacon * (No Salad Etc)	£3.95	Southern Fried Chicken	£7.25
Sausage * (No Salad Etc)	£3.95	Chip Butty * (No Salad Etc) (V)	£3.45
Hot Pork with Stuffing or Apple Sauce	£5.95	Fish Butty (Not Available Sundays)	£7.45
Fish Fingers	£6.15		

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Wraps all £6.45

A warmed Tortilla wrap with lettuce and a choice of Sweet Chilli, Garlic Mayo, Chipotle Mayo or BBQ sauces

Choose From ... Breaded Chicken or Southern Fried Chicken

... Chicken Tikka Strips

... Plant Based 'Chicken Style' Goujons with Sweet Chilli Sauce (ve)

... Tuna Mayo (No Sauce Option)

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Hot Ciabatta Rolls all £6.75

Tuna Mayo & Cheese

Cheese & Tomato (V)

Vegan Chicken, Lettuce & Chipotle mayo (ve)

Bacon & Cheese

Southern Fried Chicken & Lettuce

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Burgers all £6.45

Beef Burger

Add Cheese, Bacon, Chilli, Pineapple for £1 each

Spicy bean burger served on a bed of lettuce (ve)

Cauliflower, kale & oak smoked cheddar burger served on a bed of lettuce (V)

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All Sandwiches, Wraps, Ciabattas & Burgers are served with salad garnish, dressing and coleslaw unless otherwise stated * No Coleslaw with vegan options

Add a handful of chips to any for £1.80

Kids all £4.25

Chicken Goujons

Fish Fingers

Sausages

All above served with chips or mash & beans or
peas

Yorkshire Pudding with Sausage, Mash & Gravy

Fish & Chips with garden peas

Beef Burger

Cheeseburger

Sausage Sandwich

Fish Finger Sandwich

Cheese Sandwich

Tuna Sandwich

All above served with chips



Desserts

Served with Cream, Ice Cream or Custard where applicable

Cheesecake - Ask at the bar for this weeks variety £4.50

Hot Chocolate Fudge Cake £4.50

Sticky Toffee Pudding £4.75 - Date & toffee flavoured sponge with a sticky toffee sauce

Jam Roly Poly £4.75 - Suet rolled pudding with a strawberry jam filling

Apple Strudel £4.85 - Crown of filo pastry, spiced apple and moist almond flavour sponge

Crumble £4.75 - Ask at the bar for this weeks crumble

Vegan Sticky Toffee Square £4.45 - sponge with a sticky toffee sauce topping, Served with vegan ice cream 

Sweet Belgian Waffle £4.45 - vanilla flavour sweet waffles topped with vanilla ice cream & fruit coulis

Chocolate Brownie £3.45

Kids Novelty Ice Cream Figure £2.50

Vanilla Dairy Ice Cream £1.75 (2 Scoops) / £3.50 (4 Scoops)

Flavoured Dairy Ice Cream £2.25 (2 Scoops) / £4.00 (4 Scoops) - Same Flavour

Mixed Bowl Ice Cream £2.50 (2 Scoops) / £4.25 (4 Scoops) - Choose any 4 Flavours

Vegan Ice Cream £1.75 (2 Scoops) / £3.50 (4 Scoops) Vanilla, Chocolate, Strawberry 