

THE SUN INN  
NORWOOD  
SUNDAY  
MENU

We have a separate Allergen sheet available should you be affected by allergies, please ask a member of staff for details

Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our meals and we do not make a "free from" claim. Our allergen information only states allergens if they are an ingredient of a product


N & F WALKINSHAW T/A THE SUN INN, NORWOOD

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# STARTERS

Chicken Goujons  £4.65

Chicken breast fillets, coated in crispy golden gluten free breadcrumbs.

Cheese O's  £4.65

Giant Rings Of Cheddar And Monterey Jack Cheeses With Diced Red Onion In A Crisp Panko Crumb

Breaded Mozzarella Sticks  £4.75

Mozzarella sticks coated in a garlic flavoured breadcrumb

Brie Bites  £4.95

Brie, full fat soft and mozzarella cheeses in a breadcrumb coating

Sweet Potato Falafel Bites  £4.75

Spicy and exotic Falafels jammed with chunks of sweet potato, chickpeas and fiery Indian spices

Duck & Hoisin Spring Rolls £4.85

Mini spring rolls filled with shredded duck & onion combined with sweet hoisin sauce

Tempura King Prawns £4.95

Ginger & garlic marinated king prawn coated in tempura batter

**All starters served with salad garnish & a choice of**

**Sweet Chilli, Salsa, BBQ or Garlic Mayo dips**

**Both Sweet Chilli & Salsa are suitable for Vegans**



## BASKET MEALS

*A simple basket of chips topped with...*

Sausages £5.95

Southern Fried Chicken Fillets £7.95

Homemade Beef Chilli £7.95 

Hunters Chicken £8.95

Scampi £7.95

Kickass Chicken (Cajun, Beef Chilli, Cheese)  £8.95



## Jacket Potatoes from £4.55

Served with salad garnish, homemade coleslaw & butter portions

Toppings £1 each

Choose From : Cheese, Bacon, Beans, Chilli, Tuna

# MAINS

## The Carvery

Available from 12pm until 4pm unless sold out before

Adult Main Course	£12.00	2 Course	£14.50	3 Course	£17.00
Kids 12 & Under	£6.50	2 Course	£9.50		
Kids 5 & Under	£3.00				

Generally a choice of Beef, Pork & Gammon, with Vegetables, Roast & New Potatoes, Yorkshire Puddings, Stuffing, Cheese sauce and Gravy. Vegetarian options available, Ask for details

**We are unable to guarantee availability later in the day of all items so please check before purchase!**

### YOU MUST ORDER YOUR CARVERY FROM THE BAR

upon ordering a carvery you will be given a buzzer, please remain seated until your buzzer is activated, at that point you may approach the carvery and be served. This is to keep queuing to a minimum.



Homemade Lasagne	£10.45	Smoked Haddock & Spring Onion Fishcakes	£9.45
Served with a choice of chips, or garlic bread & a salad garnish		Served with salad and chips	
Sausage & Mash	£8.45	Vegetable Sausages & Mash	£8.45
Served with onions & gravy		Served with vegetarian gravy	
Vegan Lincolnshire Sausages	£8.95	Three Bean & Sweet Potato Chilli	£8.95
Served with chips & mushy peas		Served with basmati rice or chips or both + £1.50	
Chickpea & Sweet Potato Curry	£8.95	Spinach & Ricotta Cannelloni	£9.45
Served with basmati rice , chips or both + £1.50		Served with chips or jacket & a salad garnish	

# Yorkshire Puddings

Gravy	£5.25	Kickass Chicken (Cajun, Chilli, & Cheese)	£9.15
Sausages & Gravy	£6.55	Vegetable Sausages & Gravy 	£7.95
Beef & Gravy	£7.95	Vegetables & Vegetarian Gravy 	£7.45
Homemade Beef Chilli	£8.15		
Portion of Mash	£2.25		
Handful of Chips	£1.70		



## KIDS MEALS all £3.95

Chicken Goujons

Fish Fingers

Sausages

**All above served with chips & beans or peas**

Yorkshire Pudding with Sausage, Mash & Gravy

Beef Burger

Cheeseburger

Sausage Sandwich

Fish Finger Sandwich

Cheese Sandwich

Tuna Sandwich

**All sandwiches served with chips**

All Sandwiches, Wraps, Ciabattas & Burgers are served with salad garnish, dressing and coleslaw unless otherwise stated

Add a handful of chips to any sandwich, ciabatta or wrap for £1.70

## Sandwiches

Cheese	£4.25	Ⓥ	Fish Fingers	£5.75
Tuna Mayo	£4.95		Steak & Onion	£6.95
Bacon	£3.95	* (No Salad Etc)	Hot Chicken	£6.95
Sausage	£3.95	* (No Salad Etc)	Chip Butty	£3.45 * (No Salad Etc) Ⓥ



## Wraps

A Tortilla wrap with lettuce and a choice of Sweet Chilli, Garlic Mayo, Mayo, BBQ Sauce or Salsa sauce

Breaded Chicken or Southern Fried Chicken	£5.95
Plant Based Chicken Fajita	£6.25 Ⓥ



## Hot Ciabatta Rolls all £6.75

Tuna Mayo & Cheese

Cheese & Tomato Ⓥ

Bacon & Cheese

Southern Fried Chicken, Lettuce & Salsa



## Burgers

Beef Burger £5.65 \* Gluten Free Option Available

Add Cheese, Bacon, Chilli, Pineapple for £1 each

Ⓥ Spicy bean burger served on lettuce topped with salsa £5.65

Ⓥ Oriental Spiced Vegan Burger served on lettuce topped with salsa £5.65

Ⓥ Cauliflower, kale & oak smoked cheddar burger served on lettuce topped with salsa £5.65













# EXTRAS

Handful of chips	£1.70	Portion of mash	£2.25
Basket of chips	£2.80	Homemade coleslaw	£1.75
Basket of cheesy chips	£3.90		



# Desserts

*Served with Cream, Ice Cream or Custard where applicable*

- Cheesecake - Ask at the bar for this weeks variety £4.45 
- Hot Chocolate Fudge Cake £4.45 
- Sticky Toffee Pudding £4.45 - Date & toffee flavoured sponge with a sticky toffee sauce  
- Jam Roly Poly £4.45 - Suet rolled pudding with a strawberry jam filling 
- Apple Strudel £4.45 - Crown of filo pastry, spiced apple and moist almond flavour sponge 
- Rhubarb Crumble £4.45 - Rhubarb crumble with an all butter oatly topping 
- Vegan Sticky Toffee Square £4.45 - sponge with a sticky toffee sauce topping, Served with vegan ice cream 
- Sweet Belgian Waffle £4.45 - vanilla flavour sweet waffles topped with vanilla ice cream & fruit coulis   
Also available as vegan option with Vegan Ice Cream & fruit coulis 
- Chocolate Brownie £2.90  
- Dairy Ice Cream £1.75 (2 Scoops) / £3.00 (4 Scoops) Various Flavours Available
- Vegan Ice Cream £1.75 (2 Scoops) / £3.00 (4 Scoops) Vanilla, Chocolate, Strawberry 