

THE SUN INN  
NORWOOD

# Sunday Menu

**Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our meals and we do not make a “free from” claim. Our allergen information only states allergens if they are an ingredient of a product**

We have a separate Allergen sheet & also a separate Gluten Free menu available should you be affected by allergies, please ask a member of staff for details



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# STARTERS

Chicken Goujons £5.25

Chicken breast fillets, coated in crispy golden gluten free breadcrumbs.

Tortilla Peppers  £5.45

Tortilla Breaded Jalapenos Filled With Cream Cheese

Breaded Mozzarella Sticks  £4.95

Mozzarella sticks coated in a garlic flavoured breadcrumb

Brie Bites  £5.25

Brie, full fat soft and mozzarella cheeses in a breadcrumb coating

Falafel Bites  £4.95

Sweet potato, chickpeas & red pepper, blended with Indian spices

Duck Spring Rolls £5.25

Shredded duck & onion combined with sweet hoisin sauce

Tempura King Prawns £5.45

Ginger & garlic marinated king prawn coated in tempura batter

Onion Bhajis  £4.95

Onion & a spicy gram flour batter, served with either

mango chutney or mint & yoghurt dip

Chicken Tikka Pakora £4.95

Chicken breast in a tikka flavoured battered coating, served with either

mango chutney or mint & yoghurt dip

## SHARING COMBINATION

Choose any 3 starters to share *£11.95*

**All starters served with salad garnish & a choice of  
Sweet Chilli, Chipotle Mayo, Garlic Mayo or BBQ dips unless  
stated otherwise!**



# BASKET MEALS

*A simple basket of chips topped with...*

Sausages	£6.45
Homemade Beef Chilli	£7.95
Scampi	£9.45
Southern Fried Chicken	£8.95



*Jacket Potatoes from £4.55*

Served with salad garnish, homemade coleslaw & butter portions

Toppings £1 each

Choose From : Cheese, Bacon, Beans, Chilli, Tuna

# MAINS

## The Carvery

Available from 12pm until 4pm unless sold out before

Adult Main Course	£12.00	2 Course	£15.00*	3 Course	£18.00*
Kids 12 & Under	£6.50				
Kids 5 & Under	£3.00				

Generally a choice of Beef, Pork & Gammon, with Vegetables, Roast & New Potatoes, Yorkshire Puddings, Stuffing, Cheese sauce and Gravy. Vegetarian options available, Ask for details. Extra Plates Will Not Be Provided!

\*Excludes Sharing Combination



We can now offer Gluten Free Yorkshire Puddings, Please state at the bar when ordering if you require this option, all other items apart from stuffing & cheese sauce are Gluten Free

**We are unable to guarantee availability later in the day of all items so please check before purchase!**

### YOU MUST ORDER YOUR CARVERY FROM THE BAR

upon ordering a carvery you will be given a buzzer, please remain seated until your buzzer is activated, at that point you may approach the carvery and be served. This is to keep queuing to a minimum.



Homemade Lasagne £11.45


Served with a choice of chips, jacket or garlic bread & a salad garnish

Smoked Haddock & Spring Onion Fishcakes £9.45

Served with salad, chips & garden peas

Vegan Lincolnshire Sausages  £8.95

Served with chips & mushy peas



Chickpea & Sweet Potato Curry  £9.95

Served with rice, chips or both + £1.50

Spinach & Ricotta Cannelloni  £9.45

Served with chips or jacket & a salad garnish

# Sandwiches

Cheese 	£4.45	Steak & Onion	£6.95
Tuna Mayo	£4.95	Hot Chicken	£7.25
Bacon * (No Salad Etc)	£3.95	Southern Fried Chicken	£7.25
Sausage * (No Salad Etc)	£3.95	Chip Butty *  (No Salad Etc)	£3.45
Fish Fingers	£5.95		




## Wraps all £6.25

A Tortilla wrap with lettuce and a choice of Sweet Chilli, Garlic Mayo, Chipotle Mayo or BBQ Sauce

Breaded Chicken or Southern Fried Chicken

Chicken Tikka

Plant Based 'Chicken Style' Goujons with Sweet Chilli Sauce or Chipotle Mayo 

Tuna Mayo ( No Sauce Option )



## Burgers all £6.25

Beef Burger

Add Cheese, Bacon, Chilli, Pineapple for £1 each

Spicy bean burger served on a bed of lettuce 

Cauliflower, kale & oak smoked cheddar burger served on a bed of lettuce 



All Sandwiches, Wraps & Burgers are served with salad garnish, dressing and coleslaw unless otherwise stated

Add a handful of chips to any for £1.80

# Yorkshire Puddings

Gravy	£5.25	Homemade Beef Chilli	£8.15
Sausages & Gravy	£6.55	Vegetable Sausages & Gravy	£7.95
Beef & Gravy	£7.95	Vegetables & Vegetarian Gravy	£7.45
Chicken Fillet & Gravy	£8.25		



Two Smaller Gluten Free Yorkshire Puddings Accompanied With A Choice Of ...

Gravy	£5.55	Beef & Gravy	£8.15
Homemade Beef Chilli	£8.45	Chicken Fillet & Gravy	£8.45
Vegetables & Vegetarian Gravy	£7.75		



## EXTRAS

Handful of chips	£1.80
Halloumi fries	£3.50
Basket of chips	£3.00
Basket of cajun chips	£3.25
Basket of cheesy chips	£4.00
Portion of mash	£2.50
Portion of vegetables	£2.50
Homemade coleslaw	£1.75

# Kids all £4.25

Chicken Goujons

Fish Fingers

Sausages

All above served with chips or mash &  
beans or peas

Beef Burger

Cheeseburger

Sausage Sandwich

Fish Finger Sandwich

Cheese Sandwich

Tuna Sandwich

Yorkshire Pudding with Sausage, Mash & Gravy

Fish & Chips with garden peas

All above served with chips



## Desserts

*Served with Cream, Ice Cream or Custard where applicable*

Cheesecake - Ask at the bar for this weeks variety £4.50

Hot Chocolate Fudge Cake £4.50

Sticky Toffee Pudding £4.75 - Date & toffee flavoured sponge with a sticky toffee sauce

Jam Roly Poly £4.75 - Suet rolled pudding with a strawberry jam filling

Apple Strudel £4.85 - Crown of filo pastry, spiced apple and moist almond flavour sponge

Crumble £4.75 - Ask at the bar for this weeks crumble

Vegan Sticky Toffee Square £4.45 - sponge with a sticky toffee sauce topping, Served with vegan ice cream 

Sweet Belgian Waffle £4.45 - vanilla flavour sweet waffles topped with vanilla ice cream & fruit coulis

Chocolate Brownie £3.45

Kids Novelty Ice Cream Figure £2.50

Vanilla Dairy Ice Cream £1.75 (2 Scoops) / £3.50 (4 Scoops)

Flavoured Dairy Ice Cream £2.25 (2 Scoops) / £4.00 (4 Scoops) - Same Flavour

Mixed Bowl Ice Cream £2.50 (2 Scoops) / £4.25 (4 Scoops) - Choose any 4 Flavours

Vegan Ice Cream £1.75 (2 Scoops) / £3.50 (4 Scoops) Vanilla, Chocolate, Strawberry 