THE SUN INN

NORWOOD

SUNDAY

MENU

We have a separate Allergen sheet available should you be affected by allergies, please ask a member of staff for details

Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our meals and we do not make a “free from” claim. Our allergen information only states allergens if they are an ingredient of a product

N & F WALKINSHAW T/A THE SUN INN, NORWOOD

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Starters All £4.55

Cheese O's

Giant Rings Of Cheddar And Monterey Jack Cheeses With Diced Red Onion In A Crisp Panko Crumb

Breaded Mozzarella Sticks

Mozzarella sticks coated in a garlic flavoured breadcrumb

Brie Wedges

French brie wedges

Sweet Potato Curry Bites

Brown rice, onions, sweet potato & sultanas, flavoured with curry spices and coated in breadcrumbs

Sweet Potato Falafel Bites

Spicy and exotic Falafels jammed with chunks of sweet potato, chickpeas and fiery Indian spices, served with vegan salsa

Duck & Hoisin Spring Rolls

Mini spring rolls filled with shredded duck & onion combined with sweet hoisin sauce

Chicken Goujons

Chicken breast fillets, coated in crispy golden gluten free breadcrumbs.

Tempura King Prawns

Ginger & garlic marinated king prawn coated in tempura batter

All served with a salad garnish & a choice of

Garlic Mayo, Sweet Chilli, BBQ or Salsa dips unless stated otherwise

Basket Meals

A simple basket of chips topped with...

Sausages £5.25

Homemade Beef Chilli £6.75

Scampi £7.95

Southern Fried Chicken Fillets £7.95

Hunters Chicken (Bacon, Cheese & BBQ Sauce) £8.95

Kickass Chicken (Cajun Spice, Beef Chilli, Cheese) £8.95

Mains

The Carvery

Available from 12pm until 4pm unless sold out before

Adult Main Course	£12.00	2 Course £14.50	3 Course £17.00
Kids 12 & Under	£6.50	2 Course £9.50	
Kids 5 & Under	£3.00		

Generally a choice of Beef, Pork & Gammon, with Vegetables, Roast & New Potatoes, Yorkshire Puddings, Stuffing, Cheese sauce and Gravy. Vegetarian options available, Ask for details

We are unable to guarantee availability later in the day of all items so please check before purchase!

YOU MUST ORDER YOUR CARVERY FROM THE BAR

Upon ordering a carvery you will be given a buzzer, please remain seated until your buzzer is activated, at that point you may approach the carvery and be served. This is to keep queuing to a minimum.

Homemade Lasagne	£10.45

Served with a choice of chips, jacket or garlic bread & a salad garnish

(V) Vegetable Sausages & Mash with vegetarian gravy	£8.25
(ve) Vegan Lincolnshire Sausages served with chips & mushy peas	£8.95
(V) Spinach & Ricotta Cannelloni served with chips or jacket & a salad garnish	£9.25
(ve) Chickpea, Sweet Potato & Spinach Curry Served with basmati rice , chips or both + £1	£8.75
(GF) (ve) Three Bean & Sweet Potato Chilli served with basmati rice, chips or both + £1	£8.75

Yorkshire Puddings

Large Yorkshire Pudding filled with…

Gravy £5.25

Sausage & Gravy £6.55

Beef & Gravy £7.95

Homemade Beef Chilli £8.15

Kickass Chicken (Cajun Spice, Beef Chilli, Cheese) £9.15

Ⓥ Vegetable Sausages & Vegetarian Gravy £7.95

Ⓥ Vegetables & Vegetarian Gravy £6.95

Lighter Bites

Choose any starter with chips & salad £7.25

Jackets from £4.55

Served with salad garnish, homemade coleslaw & butter portions

Toppings £1 each

Choose From : Cheese, Bacon, Beans, Chilli, Tuna

All Sandwiches, Wraps, Ciabattas & Burgers are served with salad garnish, dressing and coleslaw unless otherwise stated

Add a handful of chips to any for £1.70

Sandwiches

(V) Cheese £4.25

Tuna Mayo £4.95

Bacon £4.25 * No Salad Etc

Sausage £4.25 * No Salad Etc

Hot Pork with Stuffing or Apple Sauce £5.75

Fish Fingers £5.75

Hot Chicken £6.75 (add cheese & bacon + £2)

(V) Chip Butty £3.45 * No Salad Etc

Wraps £5.95

Breaded chicken or southern fried chicken in a tortilla wrap with lettuce and a choice of Sweet Chilli, Garlic Mayo, Mayo, BBQ Sauce or Salsa

Hot Ciabatta Rolls all £6.45

Steak & Onion

Tuna Mayo & Cheese

(V) Cheese & Tomato

Bacon & Cheese

Southern Fried Chicken, Lettuce & Salsa

Burgers

Beef Burger £5.65 * Gluten Free Option Available

Add Cheese, Bacon, Chilli, Pineapple for £1 each or Fried Onions for 25p

(ve) Spicy bean burger served on lettuce topped with salsa £5.25

(ve) Oriental Spiced Vegan Burger served on lettuce topped with salsa £5.65

(V) Cauliflower, kale & oak smoked cheddar burger served on lettuce topped with salsa £5.65

Extras

Handful of chips £1.70

Halloumi fries £3.45

Basket of chips £2.80

Basket of cheesy chips £3.90

Garlic Bread £2.00

Portion of mash £2.25

Desserts £4.45

Served with Cream, Ice Cream or Custard where applicable

Cheesecake of the week - Ask at the bar for this weeks variety

V Hot Chocolate Fudge Cake

GF V Sticky Toffee Pudding - date & toffee flavoured sponge with a sticky toffee sauce

V Jam Roly Poly - Suet rolled pudding with a strawberry jam filling

V Apple Strudel - crown of filo pastry, spiced apple and moist almond flavour sponge

V Hot Sticky Salted Caramel Roulade - date & toffee sponge with sticky toffee salted caramel sauce

GF V Rhubarb Crumble - Rhubarb crumble with an all butter oaty topping

V Lemon & Orange Syrup Pudding - orange flavour sponge with lemon zest topped with citrus sauce

ve Vegan Sticky Toffee Square - sponge with a sticky toffee sauce topping , Served with vegan ice cream

V Sweet Belgian Waffle - vanilla flavour sweet waffles topped with vanilla ice cream & fruit coulis

ve - Also available as vegan option with Vegan Ice Cream & fruit coulis

GF V Chocolate Brownie *£2.90

Ice Cream £1.75 (sm) / £3.00 (lge) Various Flavours Available

Vegan Ice Cream £1.75 (sm) / £3.00 (lge) Vanilla, Chocolate, Strawberry