

THE SUN INN  
NORWOOD

# MENU

We have a separate Allergen sheet available should you be affected  
by allergies, please ask a member of staff for details

N & F WALKINSHAW T/A THE SUN INN, NORWOOD  
BRAME LANE, NORWOOD, HARROGATE, HG3 1SZ

+44 1943 880220

[info@thesun-inn.co.uk](mailto:info@thesun-inn.co.uk)

## Starters All £4.45

### Mac 'N' Cheese Bites

A blend of cooked pasta, extra mature cheddar and cream cheese coated in a light breadcrumb coating

### Breaded Mozzarella Sticks

Mozzarella sticks coated in a garlic flavoured breadcrumb

### Rosemary & Garlic Crusted Brie Wedges

French brie wedges coated in a rosemary and garlic crumb, served with Sweet Chilli or Cranberry Dip

### Sweet Potato Falafel Bites

Spicy and exotic Falafels jammed with chunks of sweet potato, chickpeas and fiery Indian spices, served with vegan mayo

### Duck & Hoisin Spring Rolls

Mini spring rolls filled with shredded duck & onion combined with sweet hoisin sauce

### Chicken Goujons

Chicken breast fillets, coated in crispy golden gluten free breadcrumbs.

### Fish Goujons

100% haddock fillet strips in a crisp breadcrumb


All served with a salad garnish & a choice of

Garlic Mayo, Sweet Chilli or BBQ dips unless otherwise stated

## Basket Meals

*A simple basket of chips topped with...*

Sausages      £4.95

 Homemade Beef Chilli      £5.95

Southern Fried Chicken Fillets      £7.95

Hunters Chicken (Bacon, Cheese & BBQ Sauce)      £8.45

 Kickass Chicken (Cajun Spice, Beef Chilli, Cheese)      £8.95

# Mains

## The Carvery

Available from 12pm until 4pm unless sold out before

Adult Main Course £10.95      2 Course £13.00      3 Course £16

Kids 12 & Under £6.50      2 Course £9.00

Kids 5 & Under £3.00

Generally a choice of Beef, Pork & Gammon, with Vegetables, Roast & New Potatoes, Yorkshire Puddings, Stuffing, Cheese sauce and Gravy. Vegetarian options available, Ask for details

We are unable to guarantee availability later in the day of all items so please check before purchase

- |   |   |       |
|---|---|-------|
|     | <b>Homemade Chilli</b>  | £8.95 |
|   | Served with a choice of chips, basmati rice or both + £1 & a salad garnish                    |       |
|    | <b>Cajun Chicken</b> Chicken fillet coated in cajun spice served with chips,                  | £8.95 |
|   | jacket or mash & a salad garnish  |       |
|   | <b>Hunters Chicken</b> Chicken fillet topped with bacon, BBQ sauce & cheese,                  | £9.95 |
|   | served with chips, jacket or mash & a salad garnish   |       |
|  | <b>Kickass Chicken</b> Chicken fillet coated in cajun spice topped with beef chilli & cheese, | £9.95 |
|   | served with chips, jacket or mash & a salad garnish   |       |
|  | <b>Vegetable Sausages &amp; Mash</b> with vegetarian gravy                                    | £7.95 |
|  | <b>Vegan Lincolnshire Sausages</b> served with chips & mushy peas                             | £7.95 |
|  | <b>Spinach &amp; Ricotta Cannelloni</b> served with chips or jacket & a salad garnish         | £8.45 |

## Fish

Wholetail Whitby Scampi served with chips, garden peas & a salad garnish £9.45

# Yorkshire Puddings

Large Yorkshire Pudding filled with...

Gravy £4.95

Sausage & Gravy £5.95

Beef & Gravy £6.95

Pork & Gravy £6.95

Homemade Beef Chilli £6.95

Kickass Chicken (Cajun Spice, Beef Chilli, Cheese) £7.95

Ⓥ Vegetable Sausages & Vegetarian Gravy £6.95

Ⓥ Vegetables & Vegetarian Gravy £6.95

## Lite Bites & Smaller Portions

Smaller Homemade Steak Pie with peas & a choice of chips or mash £7.95 (Not Available Sundays)

Smaller Homemade Lasagne with chips or garlic bread & salad garnish £7.95 (Not Available Sundays)

Smaller Gammon with egg, pineapple or both +£1, chips & peas £7.95 (Not Available Sundays)

Smaller Haddock & Chips with garden peas £7.95 (Not Available Sundays)

Smaller Portion Scampi & chips with peas & a salad garnish £7.95

Choose any starter with chips & salad £6.95

Soup & Roll £4.95

## Jackets from £3.95

Served with salad garnish & homemade coleslaw

Plain with Butter £3.95

Toppings £1 each

Choose From : Cheese, Bacon, Beans, Chilli, Tuna

# Sandwiches

*all served with salad garnish & homemade coleslaw*

Cheese	£3.95	Hot Pork with Stuffing or Apple	£4.95
Tuna Mayo	£4.95	Fish Fingers	£5.45
Chip Butty	£2.95	Hot Chicken	£5.95
Bacon	£3.95	Fish Butty	£5.95 (Not Available Sundays)
Sausage	£3.95		

*Add a handful of chips for £1.50*

## Hot Ciabatta Rolls all £5.95

*all served with salad garnish & homemade coleslaw*

Steak & Onion

Hot Beef & Gravy

Tuna Mayo & Cheese

Bacon & Cheese

Chicken, Iceberg & Cajun Mayo

Southern Fried Chicken, Iceberg & Mayo

*Add a handful of chips for £1.50*


## Burgers

*All served on a white bun with a salad garnish & homemade coleslaw*


Beef Burger £5.25

*Add toppings for £1 each (Cheese, Bacon, Chilli, Pineapple)*

*Add fried onions for 25p*

 Spicy bean burger served on Iceberg with Vegan or Standard Mayo £4.95

 Cauliflower, kale & oak smoked cheddar burger served on Iceberg & Mayo £4.95

 Plant based burger topped with a vegan cheese, served with salad garnish & a vegan mayo dressing £4.95

*Add a handful of chips for £1.50*






## Extras

Handful of chips	£1.50
Handful of cajun chips	£1.75
Halloumi fries	£3.00
Basket of chips	£2.50
Basket of cajun chips	£2.75
Basket of cheesy chips	£3.50
Basket of homemade onion rings	£3.75 (Not Available Sundays)
Garlic Bread	£2.00
Portion of mash	£2.00

## Desserts £3.95

*Served with Cream, Ice Cream, Vegan Ice Cream or Custard where applicable*

### Salted Caramel Hot Chocolate Fudge Cake

-   Sticky Toffee Pudding
-  Italian Chocolate Fondant
-  Toffee Apple Meltdown
-  Hot Apple Pie

Cheesecake (Ask for availability)

  Chocolate Brownie £2.50

Small Ice Cream £1.50 vegan vanilla option available

Large Ice Cream £2.50 vegan vanilla option available

Sorbet £2.50

Please ask for available flavours